

Asian Weightlifting Federation
21st Asian Senior Women's 40th Asian Senior Men's Weightlifting Championships
09.MAY -16. MAY 2009, Toldykorgan-KAZ

48 Women								
Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	CHEN Wei-ling	1982/01/04	TPE	A	47.70	87 kg	113 kg	200 kg
2	CHEN Xiexia	1983/08/01	CHN	A	47.70	83 kg	108 kg	191 kg
3	PENSIRI Lao	1984/01/17	THA	A	47.40	83 kg	103 kg	186 kg
4	CHANU Nganbam soniya	1980/02/15	IND	A	47.85	74 kg	93 kg	167 kg
5	AITPEKOVA Zhanyl	1991/01/01	KGZ	A	44.55	50 kg	65 kg	115 kg
OUT	ZAIRA Zakaria	1987/02/28	MAS	A	47.85	70 kg	-	OUT
53 Women								
Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	CHEN Xiaoting	1991/01/11	CHN	A	52.70	98 kg.	123 kg	221 kg
2	LI-CHUN Fang	1983/03/08	TPE	A	52.45	93 kg	121 kg	214 kg
3	PRAPAWDEE Ja	1984/05/29	THA	A	52.70	94 kg	120 kg	214 kg
4	MIY AKE Hiromi	1985/11/18	JPN	A	49.25	83 kg	110 kg	193 kg
5	CITRA Febrianti	1988/02/22	INA	A	51.20	84 kg	105 kg	189 kg
6	CHEREMSHANOVA Svetlana	1985/08/04	KAZ	A	52.90	83 kg	106 kg	189 kg
7	SUMIDA Shoko	1985/04118	JPN	A	49.60	80 kg	100 kg	180 kg
8	RAIHAN Yusoff	1988/07/01	MAS	A	52.30	73 kg	96 kg	169 kg
9	NGUYEN Thi hoa	1987/10/22	VIE	A	52.85	70 kg	95 kg	165 kg
10	SETHI Minati	1990/02/11	IND	A	52.85	72 kg	93 kg	165 kg
58Women								
Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	LI Xueying	1990/05/15	CHN	A	57.45	101 kg	134 kg	235 kg
2	PAK Hyon suk	1985/08/04	PRK	A	57.65	100 kg	133 kg	233 kg
3	JONG Chun mi	1985/03/15	PRK	A	57.75	97 kg	126 kg	223 kg
4	WAN-HSUAN Lin	1988/03/19	TPE	A	57.15	92 kg	120 kg	212 kg
5	OKTA Dwi	1986/10/15	INA	A	57.30	88 kg	112 kg	200 kg
6	DUONG Thi bich	1987/03/15	VIE	A	56.95	80 kg	100 kg	180 kg
7	DEVI Liren	1984/12/11	IND	A	58.00	80 kg	97 kg	177 kg
8	MAIBAM Sunibala	1989/03/01	IND	A	57.35	74 kg	93 kg	167 kg
9	KOSTENKO Tatyana	1988/06/09	KAZ	A	57.90	70 kg	94kg	164 kg
63 Women								
Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	LIU Xia	1981/01/16	MAC	A	62.80	101 kg	130 kg	231 kg
2	O JONG Ae	1984/01/17	PRK	A	60.05	97 kg	132 kg	229 kg
3	MANEZA Maiya	1985/11/01	KAZ	A	62.80	98 kg	131 kg	229 kg
4	NGUYEN Thi thiet	1984/10/27	VIE	A	62.85	100 kg	123 kg	223 kg
5	WANDEE Kameaim	1978/01/18	THA	A	61.75	95 kg	127 kg	222 kg
6	VINOGRANDOVA Svetlana	1987/11/21	KAZ	A	61.40	90 kg	123 kg	213 kg
7	YING-CHI Lu	1985/04/06	TPE	A	62.90	93 kg	120 kg	213 kg
8	HASHIDA Mayu	1986/04/26	JPN	A	62.55	88 kg	113 kg	201 kg
9	NURUL Farahanah	1988/08/06	MAS	A	62.65	90 kg	110 kg	200 kg
10	DAO Thi hong	1988/01/13	VIE	A	60.45	85 kg	105 kg	190 kg
11	HIJAM Poireinganbi	1980/05/12	IND	A	62.00	86 kg	103 kg	189 kg
12	SUNITA Rani	1987/07/17	IND	A	62.05	75 kg	95 kg	170 kg

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	ZHANG Shaoling	1984/04/11	MAC	A	68.70	107 kg	134 kg	241 kg
2	LIU Haixia	1980/10/23	CHN	A	67.10	105 kg	135 kg	240 kg
3	YA-JHEN Wang	1987/11/11	TPE	A	68.30	102 kg	134 kg	236 kg
4	YA-CHUN Kao	1986/05/21	TPE	A	68.60	95 kg	125 kg	220 kg
5	51NTA Darmariani	1986/12/22	INA	A	68.55	95 kg	123 kg	218 kg
6	NGUYEN Thi phuong	1984/06/28	VIE	A	67.90	98 kg	115 kg	213 kg
7	YUN Saet beol	1987/07/27	KOR	A	68.90	90 kg	120 kg	210 kg
8	TANI Ayano	1987/02/12	JPN	A	68.85	90 kg	115 kg	205 kg
OUT	HONGYong ok	1986/08/19	PRK	A	68.70	102 kg	OUT	

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	PODOBEDOVA Svetlana	1986/05/25	KAZ	A	74.90	130 kg	150 kg	280 kg
2	CAO Lei	1983/12/24	CHN	A	73.75	115 kg	143 kg	258 kg
3	WATCHARAWADEE Ra	1988/06/23	THA	A	74.00	97 kg	128 kg	225 kg
4	YANG Houqin	1981/12/27	MAC	A	74.40	98 kg	127 kg	225 kg
5	KHANITTHA Pe	1989/06/03	THA	A	73.50	96 kg	123 kg	219 kg
6	LIM Ji-hye	1985/10/28	KOR	A	74.20	99 kg	120 kg	219 kg

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	KHROMOVA Tatyana	1980/02/26	KAZ	A	78.30	115 kg	143 kg	258 kg
2	WU Jian	1990/10/21	CHN	A	78.35	113 kg	141 kg	254 kg
3	ANNIPA Moontar	1984/09/09	THA	A	104.10	114 kg	133 kg	247 kg
4	SHIMAMOTO Mami	1987/09/24	JPN	A	104.85	102 kg	132 kg	234 kg
5	ABORNEVA Alexandra	1986/10/30	KAZ	A	92.15	102 kg	130 kg	232 kg
6	JONAI Fumiko	1985/02/19	JPN	A	113.40	100 kg	132 kg	232 kg
7	GEETA Rani	1981/09/16	IND	A	111.40	100 kg	125 kg	225 kg
8	JESMIN Aktera	1985/03/10	BAN	A	80.75	55 kg	75 kg	130 kg

ПОДШИПНИК

Asian Weightlifting Federation

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	Ji Guohua	1989/09/07	CHN	A	55.85	123 kg	158 kg	281kg
2	HOANG Anhtuan	1985/02/12	VIE	A	55.90	125 kg	153 kg	278kg
3	RIKYONG Sok	1981/08/14	PRK	A	55.95	122 kg	150 kg	272 kg
4	YANG Chin-yi	1981/05/15	TPE	A	55.40	115 kg	145 kg	260 kg
5	MAKAROV Ruslan	1987/01/19	UZB	A	55.90	113 kg	139 kg	252 kg
6	BALLURI Srinivasrao	1981/10/20	IND	A	55.90	109 kg	141 kg	250kg
7	DEY Sukhen	1989/03/28	IND	A	55.60	107 kg	133 kg	240kg
8	MOHD Shafiq	1988/11/19	MAS	A	55.50	107 kg	132 kg	239 kg
9	OCHI Ipppei	1984/02/08	JPN	A	55.90	109 kg	130kg	239 kg
10	HANDVRDUNEV Omar	1988/01/01	TKM	A	55.95	105 kg	130 kg	235kg

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	DING Jianjun	1989/10/06	CHN	A	61.65	141 kg	169 kg	310 kg
2	CHA Kumchol	1987/07/19	PRK	A	61.65	140 kg	165 kg	305kg
3	YANG Sheng-hsiung	1983/06/01	TPE	A	61.60	128 kg	160kg	288 kg
4	NGUYEN Manhthang	1983/02/12	VIE	A	61.25	130 kg	157 kg	287 kg
5	BAZARBAYEV Umurbek	1981/09/17	TKM	A	61.75	132 kg	155 kg	287 kg
6	LEE Jong	1986/02/19	KOR	A	61.50	125 kg	155 kg	280kg
7	ALIPANOV Ruslan	1987/01/01	UZB	A	61.60	120 kg	153 kg	273 kg
8	NAHARUDIN Mabayndin	1984/01/30	MAS	A	61.25	120 kg	145 kg	265 kg
9	PUJARI Kailasi bandhu	1980/08/24	IND	A	61.90	114 kg	145 kg	259 kg
10	SAHETMYRADOV Meretgol	1987/01/01	TKM	A	61.80	115 kg	140 kg	255 kg
11	OTARI Omkarshekbar	1987/12/16	IND	A	61.85	116 kg	138 kg	254 kg
12	MURAD Abnsharifeh	1989/07/24	JOR	A	60.75	97 kg	117 kg	214 kg
13	MAHER Jassim	1991/04/09	UAE	A	59.25	75 kg	87 kg	162 kg
OUT	OSMONALIEV Bekzat	1985/12/28	KGZ	A	61.60	125 kg	-	OUT

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	TRIY Atno	1987/12/20	INA	A	68.75	145 kg	180 kg	325 kg
2	ZHENG Zhisheng	1987/03/11	CHN	A	68.65	140 kg	175 kg	315 kg
3	LEE Kun bo	1987/12/10	KOR	A	68.60	137 kg	173 kg	310 kg
4	MENDIBAEV Bakhran	1983/08/27	UZB	A	68.55	141 kg	164 kg	305 kg
5	SIDDHISAK Su	1984/04/23	THA	A	68.80	138 kg	166 kg	304 kg
6	KATULLI Ravi kumar	1988/04/24	IND	A	68.80	138 kg	161 kg	299 kg
7	CHINTHANA Vidanange	1981/12/31	SRI	A	68.90	127 kg	165 kg	292kg
8	TOKTONALIEV Kamvar	1985/12/12	KGZ	A	68.80	127 kg	160 kg	287 kg
9	IOROI Masakazu	1985/11/12	JPN	A	65.10	126 kg	156 kg	282 kg
10	MOHAMMED AbduJkarim	1987/06/26	UAE	A	68.35	60 kg	90 kg	150 kg
OUT	HUDA YBER Genov	1986/01/04	TKM	A	67.40	125 kg	-	OUT
OUT	GUST AR Junianto	1980/06/14	INA	A	67.80	143 kg	-	OUT
OUT	MOHD Faerul	1986/10/10	MAS	A	68.35	137 kg	-	OUT
OUT	TAKEICHI Itsuki	1987/10/12	JPN	A	68.50	151 kg	-	OUT

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	LU Changliang	1986/01/03	CHN	A	76.45	156 kg	195 kg	351 kg
2	PANG Kumchol	1981/11/11	PRK	A	76.70	154 kg	193 kg	347 kg
3	TAGHIAN Rasool	1987/01/21	IRI	A	76.55	152 kg	187 kg	339 kg
4	RAKHA TOY Kuanysh	1987/12/18	KAZ	A	75.65	155 kg	183 kg	338 kg
5	DARABEYGI Ehsan	1986/09/22	IRI	A	76.60	149 kg	182 kg	331 kg
6	SANDOW Waldemar	1981/03/25	INA	A	76.20	140 kg	181 kg	321 kg
7	JMAYEV Jasur	1984/11/12	TKM	A	76.70	145 kg	170kg	315 kg
8	JMAYEV Inoyat	1987/11/02	TKM	A	75.75	140 kg	170kg	310 kg
9	ZULKIFLI Che	1985/07/07	MAS	A	76.30	133 kg	169 kg	302 kg
10	HOMMA Tomoya	1986/04/24	JPN	A	75.00	130 kg	168 kg	298 kg
OUT	ZHANG Kaiguo	1987/02/08	CHN	A	76.35	193 kg		OUT

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	MORADI Sohrab	1988/09/22	IRI	A	83.70	168 kg	199 kg	367 kg
2	CHASHEMOV Mansurbek	1983/06/22	UZB	A	84.60	164 kg	198 kg	362 kg
3	UTESHOV Almas	1988/05/18	KAZ	A	84.75	160 kg	197 kg	357 kg
4	QI Li	1987/11/28	CHN	A	83.85	162 kg	192 kg	354 kg
5	REJEPOV Mansur	1982/01/01	TKM	A	83.60	158 kg	185 kg	343 kg

6	LEE Seung-wook	1985/04/03	KOR	A	84.00	140 kg	180 kg	320 kg
7	MALI Chandrakant	1987/08/28	IND	A	84.00	133 kg	164 kg	297 kg
8	SHUKUROR Aziz	1986/04/24	TJK	A	84.25	130 kg	164 kg	294 kg
9	MOHAMMAD Abodi	1989/11/23	JOR	A	83.15	125 kg	155 kg	280kg
10	SHAMSNIEV Bolotbek	1989/04/26	KGZ	A	83.20	120 kg	150 kg	270 kg
11	MOHAMMEO Maleki	1989/11/30	UAE	A	83.95	75 kg	90 kg	165 kg

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Place	Narne	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	SEDOV Vladimir	1988/03/02	KAZ	A	93.25	183 kg	215 kg	398 kg
2	HUANGZhong	1985/06/15	CHN	A	90.60	175 kg	205 kg	380 kg
3	NASIR SHELAL Navab	1989/04/01	IRI	A	93.90	169 kg	207 kg	376 kg
4	V AHSANOV Igor	1988/10/16	KAZ	A	93.80	170kg	201 kg	371 kg
5	YUAN Aijun	1977/04/07	CHN	A	91.00	170 kg	200 kg	370 kg
6	MOMYNBEKOV Miskander	1986/08/12	KGZ	A	93.60	168 kg	200 kg	368 kg
7	SUTHIPHON Wa	1985/08/08	THA	A	93.60	165 kg	196 kg	361 kg
8	HSIEH Wei-chun	1983/08/14	TPE	A	93.60	160 kg	195 kg	355 kg
9	RAMAZANOV Ruslan	1987/02/10	TKM	A	92.85	155 kg	190 kg	345 kg
10	YOSHIOKA Yuji	1984/11/27	JPN	A	86.05	150 kg	175 kg	325 kg
11	MOHDFaiz	1989/08/11	MAS	A	92.10	135 kg	175 kg	310 kg
12	SONG Jongsihk	1976/07/09	KOR	A	87.60	125 kg	150 kg	275 kg
13	MAJDI Alabudi	1989/07/27	JOR	A	91.95	120 kg	153 kg	273 kg
OUT	TRAN Vanhoa	1986/06/16	VIE	A	92.35	142 kg	-	OUT

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	ISTOMIN Sergey	1986/01/24	KAZ	A	104.55	187 kg	210 kg	397 kg
2	EBRAHIMI Asghar	1982/04/01	IRI	A	99.10	180 kg	210 kg	390 kg
3	EFREMOV Ivan	1986/03/09	UZB	A	102.45	172 kg	213 kg	385 kg
4	BIRANOV Mohsen	1981/09/06	IRI	A	102.40	176 kg	208 kg	384 kg
5	CHOI Choong-keun	1983/07/10	KOR	A	101.60	163 kg	207 kg	370kg
6	ABDULLA YEV Aslan	1987/12/14	KAZ	A	103.85	165 kg	202 kg	367 kg
7	KHUNCHAI Nuchpum	1980/10/20	THA	A	99.20	160kg	202 kg	362 kg
8	BAYU Apriliawan	1988/04/19	INA	A	104.05	150 kg	195 kg	345 kg
9	FUKUMINE Yuya	1986/08/07	JPN	A	104.55	145 kg	195 kg	340kg
10	DUDIN Aleksei	1986/07/22	KGZ	A	104.60	150 kg	185 kg	335 kg
11	BIDDUT Kumarroy	1972/09/19	BAN	A	102.75	110 kg	150 kg	260 kg
12	NAYEF Sabit	1992/07/20	QAT	A	94.45	50 kg	65 kg	115 kg
OUT	MUHAMAD Reynaldis	1984/12/25	INA	A	103.65	135 kg	-	OUT

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Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean & Jerk	Result
1	SHARIFI Rasbid	1984/09/21	IRI	A	141.90	200 kg	240 kg	440 kg
2	SALIMI Behdad	1989/12/08	IRI	A	149.50	190 kg	231 kg	421 kg
3	BERKH Yakov	1988/06/26	KAZ	A	108.25	175 kg	211 kg	386 kg
4	OTA Kazuomi	1986/07/01	JPN	A	143.80	170kg	211 kg	381 kg
5	CHEN Shih-cblen	1989/11/27	TPE	A	129.80	160 kg	210kg	370 kg
6	ALDABERGENOV Aibol	1989/07/22	KAZ	A	107.75	165 kg	195 kg	360 kg
7	SANDEEP Kumar	1980/01/01	IND	A	117.90	135 kg	182 kg	317 kg
8	GURPREET Singh	1980/06/28	IND	A	107.40	137 kg	170 kg	307 kg
9	DEDI Apriyanto	1988/02/13	INA	A	138.90	130 kg	160 kg	290 kg
10	FEROZ Monammad	1979/11/14	BAN	A	130.30	110 kg	150 kg	260 kg